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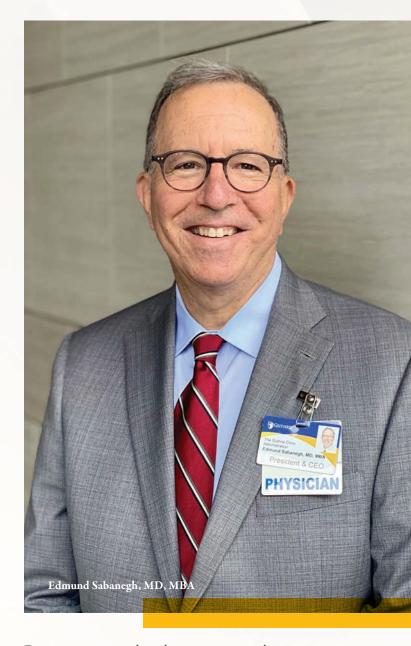
Profound Gratitude for Your Continued Support

### Letter from the

# CEO

At Guthrie, everything we do is centered on our vision to be the national model of excellence for rural health care. Our focus is to improve health through clinical excellence and compassion for every patient, every time. The strategic plan we embarked upon in 2022 is helping us bring that vision to fruition, keeping quality, safety, and patient experience as job number one in every move we make. Support from you, our incredible donors, allows us to improve our capabilities and patient access and to provide the highest quality care in the region.

The development of our Trauma Network is one example of translating our vision into action – a move that will help us respond to the most acute needs in our region. Research shows that time to trauma treatment is critically important to survival and better outcomes. Guthrie has risen to the occasion to fill a vital need by prioritizing the creation of a comprehensive Trauma Network for our 10,000-square-mile service area. Guthrie Troy Community Hospital has been a Level IV Trauma Center since 2016, and Guthrie Robert Packer Hospital has been a Level II Trauma Center since 1986, one of the first nine trauma centers designated in Pennsylvania. Our teams have worked to elevate Guthrie Robert Packer Hospital to a Level I Trauma Center, which means we provide the highest level of trauma care and meet requirements around research and education at that level.



Donor investments have been instrumental in supporting this mission to provide better access to timely high-level trauma care in our region. In addition to Guthrie Robert Packer Hospital's Level I achievement, Guthrie Corning Hospital has become a Provisional Level III Trauma Center, elevating treatment options in an area that was previously a trauma care desert. We also have our own air transport to move patients, as needed, between our facilities quickly and safely. Enhancing Guthrie's Trauma Network has allowed us to better coordinate complex and crucial care for our communities and beyond. No matter where our patients live, they will receive the best possible care at the right time and place.

continued

Many of our communities have also been considered maternity care deserts. During a time when many health care organizations have been reducing maternity care services, Guthrie has doubled down and remains committed to ensuring our communities have access to high-quality, safe maternity care. That's what drives Guthrie's Maternity Care Oasis vision. The recent \$3 million gift from the Mother Cabrini Health Foundation is bringing that vision to life, enabling us to provide mobile prenatal care services throughout our region. These services will improve outcomes for our communities' mothers and babies, making high-quality care more accessible.

With your support, we are bringing specialties like maternity, trauma care, advanced robotic surgical services, and primary care into our neighborhoods, making a difference by being local and by being "here for good." We believe people shouldn't have to go to New York City or Chicago or some other health care system to access the highest-quality care.

### Making Strides in Quality, Safety, and Patient and Caregiver Experience

When it comes to primary care, investments by our donors have enabled Guthrie to achieve the top 10% performance in national health metrics, known as HEDIS (Healthcare Effectiveness Data and Information Set). These metrics include a variety of health measures that are critically important to our community's well-being. For example, we now perform in the top 10% in the nation for diabetes control, which will translate to improved patient outcomes, life expectancy, and preservation of vision. Our donors have provided support for the caregivers and facilities we needed to rise to the top 10% for screening our population for breast cancer, resulting in the detection of 8% more cancers at the most treatable stage. This early detection helps some patients achieve remission without the need for intense therapies like chemotherapy and radiation. Your support has also helped more than 2,400 additional patients receive colorectal screenings, leading to more diagnoses of early-stage, more treatable colorectal cancers and significantly improving outcomes.

Guthrie has received many awards for orthopedics, maternity care, and management of chronic conditions like chronic obstructive pulmonary disease and heart failure – flexing our muscles to be among the best in the country.

Looking at patient safety, hospital-acquired infections are at record lows; in fact, our performance is also among the best in the nation. We have the highest Leapfrog Hospital Safety



With your support, we are bringing specialties like maternity, trauma care, advanced robotic surgical services, and primary care into our neighborhoods, making a difference by being local and by being 'here for good.'

Grades of any system covering a 10,000-square-mile region, and we're performing better than most areas across the United States. Leapfrog scores are meant to provide health care consumers with information about the quality and safety of hospitals to help them make informed decisions about where to receive their care. Grades are based on numerous national performance measures sourced from publicly reported data sources such as the Centers for Medicare and Medicaid Services (CMS). Guthrie is bringing nationally benchmarked, high-quality care and experiences to our region.

We continue to innovate the way we deliver care, committed to the idea that we will not be able to continue to provide care the same way tomorrow as we do today. This is due to the many headwinds affecting the health care industry, one of the most notable being workforce challenges. We aspire to serve our patients and communities better by leveraging technology that supports caregivers in providing exceptional patient care, not by replacing in-person care providers. The Pulse Center is a great example, representing a multimillion-dollar investment to provide real-time access to care, virtual nursing so our nurses never work alone, and e-ICUs so that, wherever you are, you can receive the care you need at the right time and right place for you.

Last year, *Modern Healthcare* recognized Guthrie as one of the nine most innovative health care systems in the U.S. The Pulse Center has improved our nursing retention by reducing stress levels and enhancing the experiences of our caregivers and the quality of care we provide, making us a destination employer for nurses. The Pulse Center takes many of the required administrative tasks off the bedside caregiver's plate so they can focus on direct patient care and operate at the top of their training.

Both the Forbes Best-In-State Employer for Pennsylvania and the Forbes Best Employers for Women awards were spectacular first-time national recognitions for Guthrie and were based entirely on independent reviews of data from our surveys. We are so proud to provide every caregiver with a safe and inclusive work environment. Our provider retention rate is the highest we have ever seen. That means doctors and advanced practice providers are satisfied with their work environment and are sticking with us. Through these intentional efforts to become the best place to work and build a career, we've been able to markedly reduce temporary staff, building our permanent team of inspired caregivers.

### **Your Partnership Powers Our Mission**

Looking ahead, we continue to focus on what is best for our patients. The future of health care is bringing high-quality care to the patient's home and having only the critically ill patients come to our facilities for vital care. We are looking at ways to safely monitor patients with chronic conditions such as congestive heart failure remotely, with an emphasis on preventing unnecessary emergency room visits. Moving care to the home requires us to make many investments in new technologies and our workforce to ensure we are always staying up to date with the best way to care for our communities.

Now that we have officially welcomed Guthrie Lourdes Hospital into the family, we are increasing services and enhancing access not only in our existing regions but also throughout Broome County. We will continue to innovate how we deliver essential preventive care, such as through that previously mentioned mobile maternity unit. Beginning in January 2024, we brought much-needed,

enhanced primary care to the greater Tunkhannock community in Pennsylvania with a medical office building featuring primary care, walk-in access, lab services, and imaging.

We are expanding OB/GYN services into Ithaca, sending certified midwives from Guthrie Cortland Medical Center to Guthrie Ithaca City Harbor, and enhancing our Cortland maternity labor and delivery programs as part of our overall mission to provide great prenatal and maternity care in areas that were previously maternity deserts.

While continuing to innovate, Guthrie will always remain committed to the mission and vision brought forth by Dr. Donald Guthrie more than 114 years ago: to provide the highest quality care to every patient, every time. Guthrie is bringing a new focus to health equity – offering the same level of outcomes to all populations we serve. To that end, we are doubling down on some of the most economically stressed parts of our communities to make sure they can access the same level of care. I am so proud to say Guthrie provided \$121 million in charity care to those most in need in our communities over the past year – the largest amount of charity care delivered by any health care organization in our region.

Guthrie has been able to provide high-quality care to this region for over a century due to your unwavering support. I want to personally thank you for helping Guthrie become the most trusted partner for healthy local communities through your advocacy and philanthropic support. Because of you, despite the challenges we will inevitably face, Guthrie is here, for good.

Edmund Sabanegh, MD, MBA President & CEO



While continuing to innovate, Guthrie will always remain committed to the mission and vision brought forth by Dr. Donald Guthrie more than 114 years ago: to provide the highest quality care to every patient, every time.

# Giving Back to the Community

Joe Reagan, President of Royal Chevrolet/Cortland Inc. and Royal Nissan-Subaru, and his family have supported the Cortland Memorial Foundation since his business opened in 1992. They also support Guthrie's nurses, the Renzi Cancer Center at Guthrie Cortland Medical Center, and other health system programs and initiatives.

"We support many local organizations in their efforts to improve the quality of life here, and the hospital and its foundation support our community in our medical needs – many of which are life-threatening – so it was an easy decision to aid such a great cause," he says. "When you own a business in your community, it is important to give back to those that support your business. Guthrie is one of our largest employers, and those employees support our business, so whenever possible, I believe we have a responsibility to give what we can."

Reagan says Guthrie and Guthrie Cortland Medical Center have been influential in his life since childhood. His mother was an X-ray technician, and his childhood home was just three blocks from the hospital.

"We have seen the evolution of health care there over 50 years, and to see what Guthrie has become is extremely impressive. I am proud my mom worked there," he says.

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Being close to a regional health center saved my life... We are so lucky to have Guthrie, and it is our responsibility to offer our continued support.

Reagan's support for the Renzi Cancer Center stems from personal experience with the illness. More than 35 years ago, he and his family members accompanied his mother to radiation treatments for cancer, and they had to travel all the way to Syracuse. "I remember what a toll it took on my mother and how tough the travel was for her," he says.



Fast-forward to 2020, when Reagan himself had to receive radiation treatments. "I was able to receive treatments in Cortland, at the predecessor to the Renzi Center. This enabled me to take myself to treatments and continue to run my businesses and alleviated a whole lot of stress that would have otherwise affected my recovery," Reagan says. "I am overjoyed when I hear people are going to the Renzi Center because I know it will be a key part of their recovery. Bless the Renzi family for their exceptional generosity that made such a center possible."

In addition to Guthrie, Reagan and his family support several local organizations and their volunteers. "Volunteers are real heroes. To give up time to help and support others holds a special place in my heart. We usually support whatever my wife suggests, and I take all the credit," he jokes.

He encourages others in the community to support Guthrie in keeping exceptional care close to home. "If I had not lived near Guthrie in October of 2021 when I had a health crisis, I wouldn't be here today," Reagan says. "Being close to a regional health center saved my life. I've been spoiled in that I have lived near a hospital my entire life, and I plan to continue to do so until the end. We are so lucky to have Guthrie, and it is our responsibility to offer our continued support."

To learn more about how you can support the Cortland Memorial Foundation, visit guthriegiving.org.

# Inspiring Future Nurses in Memory of a Beloved Wife



Marcia Hine Delaney was a lot of things – a devoted wife, mother, sister, and grandmother; an active member of her church, Sunday School teacher, and exceptional choir singer; and a woman with a beautiful smile, great sense of humor, and countless friends. Even after she stopped practicing, she always identified as a nurse. Her husband, Richard Delaney, MD, felt she would be honored by a scholarship in her name, supporting others pursuing nursing.

Marcia grew up on her family's dairy farm in Newfield, New York, and earned her nursing degree from Corning Community College. She worked at several hospitals throughout her career and always spoke highly about her time as a nurse in the thoracic step-down unit at Guthrie Robert Packer Hospital.

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She loved her time with Guthrie, and they need nurses so much, so I wanted to establish the scholarship in her memory to encourage someone from the Southern Tier to pursue their dream of nursing.

Working at a different hospital, in Columbia, Missouri, she met Dr. Delaney when he was doing his residency, and they married in 1979. They moved to Maryland, where he served four years in the United States Air Force. Their two children were born in Maryland before they moved as a family to the Daytona Beach, Florida, area in 1984, where Dr. Delaney is an anesthesiologist.

"Though she stopped working as a nurse after she had our first child, she never really left the profession," Dr. Delaney says. "She was always giving people medical advice on the phone. People from our church would call her with questions and she gave them the answers they needed or helped connect them with someone who could."

Even though she spent much of her life in other states, Marcia was always at home farther north – in Guthrie territory. Her siblings still live in upstate New York, and every August, she would head up to the area for two weeks on her own before Dr. Delaney joined her for an extended vacation.

Back in Florida, she raised her children and maintained very close relationships with them; worked as a church secretary; taught Sunday School, where she mentored young women, encouraging them to be independent and to pursue their education and dream careers; sang alto in the church choir; and regularly brightened everyone's day.

Marcia first fell ill in April 2020 and was diagnosed with a high-grade glioma. She bravely underwent several surgeries and rounds of radiation, bouncing back several times, but sadly passed away in April 2023. Dr. Delaney is grateful to all the nurses who helped him care for her in her final months.

"Marcia was a cheerful person who lit up the room and was a bit of a comic. People just wanted to be around her," Dr. Delaney says. "She loved her time with Guthrie, and they need nurses so much, so I wanted to establish the scholarship in her memory to encourage someone from the Southern Tier to pursue their dream of nursing. Nursing truly is a calling and is so much work, but there's great reward as well. Marcia always liked taking care of her patients and interacting with them, and I know she'd love for others to have that opportunity at Guthrie."

To learn more about how you can support our next generation of caregivers in their academic training and professional development at Guthrie, visit guthriegiving.org.

# Hall of Heritage

Members of the Hall of Heritage are individuals, businesses, and organizations that have helped to secure Guthrie's future by including Guthrie as a beneficiary in their will, trust, or estate as of December 31, 2023.

### **ESTATES**

Harley M. Albro Helen T. Allen Charlotte Angell<sup>†</sup> Roger J. Armstong Cora Augaitis Annette T. Baer Mary Bahl Lawrence Bandler Donald R. Barton\* Caroline Baumunk Naomi Baumunk Barbara J. Becker Helen Beers Annabelle M. Bennett Robert L. Bennett, Sr. Louise E. Bishop Charlotte West Bostwick Evelyn Bowker Jeffrey D. Breed Mary Bretz Edwin A. Bright Kenneth & Ruth Brong Dorothy M. Brown Dorothy O. Brown Carrel Bryant Vincent R. Bujan, In Memory of Joseph & Mercedes Bujan Genevieve M. Burch Dr. Van A. Burd<sup>†</sup> John N. & Agnes S. Burns<sup>†</sup> Virgil Cain Lucy Florence Campolete Sam & Marie A. Canedy F. Marshall Case Marion Cashady Helen F. Catley Mitchell J. Cebula Mae T. Chilson Margaret Clark Donald M. Clough Ralph M. Clough Dianne W. Colgan George Conyngham Francis W. Cook Eva O. Coulter Harry K. Crandall, Jr. Durwood L. Creed Evelyn H. Crofoot† Bernard Davis Julia A. Decker Charles K. Deegan Jane Deery Theodore DeYoung Lawrence & Doris Dippold<sup>†</sup> Treva M. Dodge Odessa Dow Margaret S. Drum Linda Duffy Florence Durkee M. Evelyn Durkin, In Memory of Mildred C. & M. Evelyn Durkin Edward C. Dydo Sophia G. Eaton Jane & the late Carl Edlund<sup>†</sup>

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Fred N. Kinney

Laura M. Klein Olive K. Knapp Ruth Kneller Edith M. Knoll Geneva A. Knoll Verna W. Kraft Helen Levine Kate W. Lewis Rose S. Lewis Thelma Lewis Carrie B. Lincoln Belle M. Litzelman Helen S. Long Betty B. Lord Chester S. Lubak Marion G. Bennett Lynch Frank L. Malfatti, In Honor and In Loving Memory of My Mother, Anita Malfatti Elizabeth B. Mallow Caroline Mangialardo Dorothy F. Mapstone George Marhoefer Helen Marhoefer Garrison & Katia Marsted† Anna E. Mason Florine McAndrew Dorothy McHugh John E. Megles Mary B. Mentzer James L. Miller Bess C. Mingos Frances Montanye Dorothy Hosmer Moore G. Richard Morris\* John A. Morrison Robert W. Myers Deborah S. Nadolski Rachel Neiley Alta M. Newell Howard E. Newman, Sr. Clara C. Niles Floyd S. Norton Lucille F. Noteware Grace Nottingham William O'Connor Gail & Rose Orchard\* Frederica Overton Francis C. Paddock Carl V.S. & Katherine A. Patterson Ruth Pavelsky Adeline Phillips Alberta Pierce<sup>†</sup> Elizabeth R. Pierce James C. Pinkston, III Reverend Myron Plekon Belle F. Powers Emily M. Presley George G. Probst Benjamin L. Rawlins Joseph H. Reno Nicholas & Agnes Renzi<sup>†</sup> Florence G. Reuter Margaret Reybold Douglas & Luanne Rich\* Thelma T. Ripley Hertha G. Rockwell Robert F. Rockwell, Jr.

Muriel E. Rosefield Cam & Eleanor C. Rutledge Milliam Joseph Savage Wilson M. Sawyer Fred J. Schaffer Elwood Scheithauer Boris Schneeberg Marian I. Schulz Lena M. Schulze John Schwab Lora E. Scott R. Michael Shafer & Kathleen Hennessy Elizabeth L. Shaffer Karl Shank Pauline Shipley George A. Sievers Clara Silvernail Irene Sisto Mary Blackmon Smith Abraham F. Snyder Edward R. Soja John Soja Frances C. Spear Henry F. Spear M. Josephine Squires Oliver M. Stanton Dorothy Starr<sup>†</sup> Dr. Edward F. Steinfeldt<sup>†</sup> William H. Stimming Gerald Stoker Mr. & Mrs. Dennis Stratton† Bird & Helen Sumner Mr. & Mrs. Kenneth H. Taylor, Jr.\* Dr. John M. Thomas Emily D. Thompson Robert D. Thompson Elizabeth I. Ticknor Minnie S. Titus Mary Elizabeth Tompkins Edith S. Treinin George E. Trible Mildred Faulkner Truman Marie Updike Richard W. Upham Alan L. VanDerhoff Marjorie VanHensbergen Elizábeth VanScoy Barbara A. Viglione Irene M. Watson The Family of Ray & Thelma M. Wenderlich Mabel S. Whitlock Minnie G. Wilson Pearl L. Wilson Hammond Wither Lois Wood Eugene & and the late Leslie Wright
Mildred Packard Wright Pauline Wright C. Beatrice Wrisley Irene Zacharka

Rachel Rood†

Opal K. Egly Sandra Beers Ellis

### **ENDOWMENTS**

Annette Atkinson Education Assistance Scholarship

J. Reid & Louise (Hinkson) Barton Fund for Oncology, Research & Patient Care William C. Beck, MD Endowment

for Basic Research William C. Beck, MD Continuing Medical Education Series

The Mothers of David & Mary Bertauski "Anna & Clara" Nursing & Allied Health Scholarship Dr. Bruce Boselli Endowment Fund

Chemung Canal Trust Company – Research & Education Mae & Ken Chilson Scholarship Fund Harriet A. Clough Nursing

Harriet A. Clough Nursing
Endowment Fund
Vivien B. Conklin Memorial Fund

Ruth Cooley Nursing Scholarship Cortland Regional Medical Center Auxiliary Teenage Volunteer Scholarship Fund

Cortland Regional Medical Center Medical Staff Teenage Volunteer Scholarship Fund

Marcia Hine Delaney Scholarship Fund Lata & Pramod Deshmukh Fund Ida Mary Bartlett Dildine Nursing

Scholarship
The Lawrence J. Dippold Health
Education Loan Program
John A. Dreves Memorial Fund
Kay Franklin Driscoll Nursing Fund
Ellen Erickson Nursing Scholarship
Pamela Lucille Everett Memorial
Scholarship Fund

Anna & Sam Forcucci Teenage
Volunteer Scholarship
Thomas D. and Lucille F. Garrity Family
Endowment Fund

General Endowment for Basic Science Research F. Howard Glenwright Neurological Research

Naomi Gorowitz Nursing Scholarship Ronald T. Green Basic Scientific Cancer Research

Guthrie Cortland Medical Center Capital Equipment Endowment Guthrie Employee Education Fund Guthrie Nursing Scholarship Fund Guthrie One Memorial Scholarship Fund Dr. Donald Guthrie Scholarship Fund Margaret Hlywa Nursing Scholarship The Mr. & Mrs. Robert Hooey

Oncology Fund Donald V. & Marie Litzelman Hunter Memorial Scholarship Charles J. Kelley Memorial Fund Elizabeth Sanborn LaFollette &

Elizabeth Sanborn LaFollette & Elizabeth LaFollette McInnis Annual Service Award

Annual Service Award Dr. Wilfred D. Langley Memorial Fund Lorraine M. McCarthy Teenage Volunteer Scholarship

Norma I. Jones McCurdy Student Loan Fund

Louise Buck Miller Nursing Scholarship Deb Nole Memorial Scholarship Fund of the Guthrie Robert Packer Hospital Auxiliary

Northern Central Bank Endowment for Research & Education Lori A. Peterson-Strollo Memorial

Scholarship
Mr. & Mrs. J. Thomas Quigg Nursing &
Allied Health Scholarship
Doris Eike Rentschler Nursing Scholarship
Margaret E. Reynolds Scholarship Fund
Kathleen & William Rich Basic Medical

Research Fund Kathleen & William Rich Nursing Continuing Education Frederick Rose, DDS Education Fund

Lester Rosenberry, III, Clinical Achievement Award Dr. Joseph A. Scopelliti Outstanding Clinician of the Year Award for Guthrie Residents & Fellows Nina A. Smith Student Loan Fund Barbara St. Cyr Nursing Scholarship Jennie & Harry Stein/Minnie L. Stein Memorial for Research

Samuel & Adele Stein Research Fund

L. Marilyn Taylor Memorial Scholarship Dr. John M. & Mrs. Betty A. Thomas Endowment Fund

Robert Thompson Room Endowment Marilou W. Todd (Gdovin) Endowed Scholarship

Maritiou W. Toda (Gdorm, 2005)
Scholarship
James S. Ty, MD Memorial Award
Dr. John Wanamaker Fund
Harrier Adella Wilson Nursing Scholarship
Dr. Stephen Yen Memorial
Educational Fund

### **TRUSTS**

Edgar A. Alekna Ida M. Alekna I. Reid Barton Annabelle M. Bennett Robert L. Bennett, Sr. Newman W. Benson Michael J. Bradshaw Vincent R. Bujan, In Memory of Ioseph & Mercedes Bujan Arthur T. Cantwell Helen F. Catley Stanley D. Conklin, MD Daniel J. Darcangelo Julia A. Decker Patrick A. d'Onofrio John A. Dreves Fortney & Johnson Trust Minnie G. Freedman Helene Fuld Health Trust Emily B. Guthrie Donald Guthrie Medical Research Guthrie Robert Packer Hospital School of Nursing Scholarship Trust given by the Linderman-McGlenn Families Enda Baker Hodges Hazel Webster Holland John & Charlotte Holowiak Edna Grennel Howe Kurth H. Johnson Ruth Kneller Ira M. Kropp Revocable Living Trust Mabel E. Lamberson Bert H. Lockwood

Henriette Maier John J. McKinney, Jr. & Micheline A. McKinney, *In Memory of John J. McKinney and Susie I. McKinney* John E. Megles

John E. Megles Frances Montanye G. Richard Morris John H. Munier Harold C. Reynolds Muriel E. Rosenfield

Edward MacFarlane

Muriel E. Rosenfield Sandra J. Roupp Trust, In Honor of Terence M. Devine, MD

Frederick Sackett
Elwood F. Scheithauer
Elizabeth Shaffer
Nancy C. Shaw
William W. Sinclaire
Leonard J. Stenberg
Winthrop Curtis Turner
Dorothy E. Watkins
Emma Wells

Harold S. Williams
Winter Memorial Trust, In Memory of
William George Winter & John Robert
Winter, who gave their lives for their
country on August 11, 1945
Woodrow W. Wolcott

Woodrow W. Wolcott
Donald B. Zentmyer &
Margaret Zentmyer

### **Naming Guthrie as a Beneficiary**

This living legacy will remind your family, friends, and community of your ongoing commitment to ensuring our region has access to the highest quality health care. Talk to a trusted financial planner and the Guthrie Resource Development staff about this easy-to-create gift that may cost nothing to establish and save your estate a great deal in taxes.



To learn more about establishing a planned gift, visit **guthrielegacy.org**.

### Options for planned gifts include:







Wills

Trusts

Annuities







Retirement Plans

Life Insurance

Real Property

# Making a Beautiful Difference

A Level IV Trauma Center accreditation by the Pennsylvania Trauma Systems Foundation. A 2024 Women's Choice Emergency Care Award and recognition among the top 4% of more than 4,700 hospitals reviewed nationwide. A Top 20 Most Beautiful Hospital award from Soliant Health.



These are just a few of the accolades Guthrie Troy Community Hospital has earned for the profound difference it makes in the lives of its patients and their families. Support by our donors for the hospital's healing environments, exceptional care, and community outreach has helped make all of this possible.

"Your support has been instrumental in creating a beautiful difference in our community, and we cherish your involvement," says Joe Sawyer, President of Guthrie Troy Community Hospital.

Guthrie Troy Community Hospital is a Critical Access Hospital, providing a wide range of inpatient and outpatient services to the community. Its team, dedicated to Guthrie's mission of improving the health and well-being of the region, provides the highest-quality, compassionate, patient-centered care, supported by advanced technology, state-of-the-art health care equipment, and serene and calming spaces that provide solace to patients and their families during challenging times.

Guthrie's goal when building this hospital was to create an environment that promotes safety, comfort, exceptional outcomes, and efficiency. The hospital features private patient rooms with attached bathrooms to reduce infections and improve communication, privacy, and sleep – all of which are essential to helping patients heal. The hospital's award-winning, prompt emergency care allows caregivers to see more patients and get them home to their families faster.

Over the past 10 years, Guthrie Troy Community Hospital has strived to cultivate a spirit of compassion and care that radiates from its walls into the heart of its community. We are committed to continuing in this mission to provide exceptional care and improve the lives of people in our community for many years to come.

To learn more about how you can support Guthrie Troy Community Hospital, visit guthriegiving.org.



# Setting the Standard for Rural Trauma Care

In July 2023, Guthrie Robert Packer Hospital received accreditation by the Pennsylvania Trauma Systems Foundation Board of Directors as a Level I Trauma Center, the only one in The Guthrie Clinic's 12-county service area.

Though its Level I designation is fairly new, Guthrie Robert Packer Hospital already had the required specialized orthopedic, plastics, and neurosurgical care in place, years before its journey from Level II to Level I. The hospital has also offered a general surgery residency for more than 65 years.

The differentiator was trauma research, according to Lisa LaRock, RN, Trauma Center Manager at The Guthrie Clinic/Guthrie Robert Packer Hospital.

Getting to Level I was an entire-facility effort. The initiative was led by LaRock; Anne Rizzo, MD, System Surgical Chair and President of Surgical Services; Steven Casos, MD, FACS, Trauma Center Medical Director; Robert Behm, MD, FACS, a trauma surgeon who LaRock calls "the key person who allowed us to accomplish our research publication goals"; and Burt Cagir, MD, FACS, Executive Director of the Donald Guthrie Foundation, who helped the team create a sustainable pipeline of research for years to come.

"Our research program is key to our educational mission at The Guthrie Clinic," LaRock says. "We collaborate with all trauma-related residencies and fellowships to optimize care with a rural area focus. Creating a rural trauma system with Guthrie Troy Community Hospital and Guthrie Corning Hospital has positioned us to experience, research, and publish best practices in clinical care in a rural trauma system.

These publications can help improve care at rural centers throughout the nation."

Research efforts at Guthrie have yielded more than 20 trauma-related publications in peer-reviewed journals, reflecting exciting research into treatments like 1:1:1 blood component resuscitation for traumatic injuries.

"This has been studied as a best practice to optimize patient survival by the military during recent conflict injuries," LaRock says. "For the last three years, we have offered our patients 1:1:1 blood component resuscitation and we have begun offering whole blood as well, which is shown to have the greatest impact because it possesses all of the blood components and is essentially 1:1:1 therapy in one bag."

Publishing innovative and effective research on trauma care in a rural setting also helps Guthrie's efforts to attract talented caregivers, as well as medical students eager to learn from our educators. Six of the center's eight acute care/trauma surgeons were trained at Guthrie Robert Packer Hospital, completed acute care surgery fellowships across the nation, and returned to Guthrie for their careers. In the future, Guthrie hopes to offer General Surgery residents the ability to complete a Trauma Surgical Critical Fellowship right in the health system.

Guthrie Robert Packer Hospital has seen an increase in severely injured patients since its accreditation, including an increase in those requiring emergent operative care and intensive care unit admission. Trauma centers must meet specific standards to maintain accreditation, and Guthrie Robert Packer Hospital constantly monitors care and makes improvements quickly and effectively to ensure each patient is receiving the most appropriate and effective treatment.



### A Trauma Network with a Shared Mission

In August 2023, Guthrie Corning Hospital was designated a Provisional Level III Trauma Center by the New York State Department of Health. Provisional status is granted to new trauma programs in New York until they are verified by the American College of Surgeons. The Level III designation requires hospitals to have a 24-hour trauma team in place, and emergency medical supplies and specialized equipment designed specifically for treating traumatic injuries.

"Becoming a Level III Trauma Center reaffirms Guthrie's commitment to our community's well-being," says Anne Rizzo, MD, Trauma Medical Director. "This designation puts Guthrie at the forefront of health care systems in rural settings and solidifies our dedication to providing reliable and accessible emergency services for our patients."

Guthrie Troy Community Hospital is a Level IV Trauma Center accredited by the Pennsylvania Trauma Systems Foundation.

Each piece of the system plays an important role in the survival of critically injured patients.

"Troy Community Hospital is the forward-facing facility that offers immediate lifesaving care and timely and efficient transfer to definitive care," LaRock says. "Guthrie Corning Hospital offers the same, but they also have oncall surgeons, orthopedic specialists, and additional services to keep patients closer to home when possible. We are one team with one mission: to optimize the care of injured patients. We strive to get every patient to the right place with the right team at the right time."

To learn more about how you can support incredible care for trauma patients at Guthrie, visit guthriegiving.org.

### Lifetime Contributors

Lifetime Contributors are those individuals, businesses, and organizations that have made a cumulative commitment to Guthrie with total contributions of \$25,000 or more as of December 31, 2023.

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In fiscal year 2024, 3,424 donors helped Guthrie raise \$8,587,126. Your continuing generosity allows us to bring our vision to improve health through clinical excellence and compassion to fruition, supporting our patients, communities, and caregivers with accessible, innovative care and services of the highest quality.

1.96M

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36,746 Hospital Admissions 145,000

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### A Legacy of

# Service & Support

Don and Robin Ferrario and their family have a long history with Guthrie. Don's father, Bob, who passed away in June 2024, was a board member of Towanda Memorial Hospital for 25 years, serving as chair in the 1970s. Through his father, Don learned how important Towanda Memorial was to the community. Towanda Memorial Hospital later became Guthrie Robert Packer Hospital, Towanda Campus.

As a member of The Guthrie Clinic Board of Directors and Chairman of the Guthrie Finance Committee, Don Ferrario continues his family legacy of support for their community. He and his wife, Robin Ferrario, have made a generous contribution to Guthrie, and in recognition of that commitment, the Guthrie Robert Packer Hospital, Towanda Campus Emergency Department will be named in honor of the Ferrario family.

"At some point, you have to give back to the places that brought you success in life. I've spent most of my life in the Towanda area. The hospital and Guthrie are so important to our community. We want the Towanda hospital to be there for the future," Ferrario says. "There are examples not far from us where community hospitals are closing. People in those communities have to drive more than 45 minutes away for urgent care. That time might make a difference in someone's survival. We do not want Towanda to face the same fate. It's so important that Towanda continue to have a well-equipped and staffed emergency room."

Ferrario says he and his family are very grateful to be part of an amazing health care system. "I know of no other rural area with a health care system as advanced and comprehensive as Guthrie," Ferrario says. "We want to keep that going, to ensure Guthrie can grow and serve the people who live here for generations to come."

To support Guthrie Robert Packer Hospital, Towanda Campus, improve our community health, and change lives in the communities Guthrie serves, visit guthriegiving.org.



# More Than Four Decades of Dedication

As a young boy in New Jersey, Charles Fedele, MD, a retired Guthrie dermatologist, often spoke with physician clients at his father's barbershop while sweeping up. These conversations sparked his early interest in medicine, and the doctors encouraged him to excel in his education.



Dr. Fedele followed their advice, completing his undergraduate studies at Villanova University, attending medical school at the University of Bologna, and later completing a dermatology residency at Case Western Reserve University Hospitals Cleveland Medical Center.

Dr. Fedele was a U.S. Army dermatologist living in Germany when the opportunity arose to practice at Guthrie. He and his wife, Kathleen, moved to Sayre in 1977, where they've lived ever since.

"I practiced at Guthrie from 1977 until I retired in 2007. I was only the second dermatologist Guthrie ever had, after Dr. James Flood, and one of the reasons I was attracted to the job was that it was a multispecialty clinic with a wealth of medical and surgical specialties that drew patients from many miles away," says Dr. Fedele. "When Dr. Flood retired, I helped recruit dermatologists until we were five in number."

There, Dr. Fedele and his colleagues treated both inpatients and outpatients and offered what was then state-of-the-art treatments like PUVA (psoralen plus ultraviolet A photochemotherapy) and methotrexate for severe psoriasis.

During this time, Dr. and Mrs. Fedele embraced life in the Sayre community, raising their three children, forming lifelong friendships, and enjoying their proximity to the scenic Finger Lakes region. Dr. Fedele appreciated the unique blend of small-town living with access to a university hospital, while Mrs. Fedele noted the deep sense of pride the community had in its local health system.

"When we first heard of Guthrie, we didn't realize just how big it was or about all of its medical research and the caliber of its physicians, but we quickly learned," says Mrs. Fedele. "Education has always been very important to us, and it's amazing the level of education going on at Guthrie every day. We recently went through the Guthrie Robert Packer Hospital Simulation & Advanced Skills Institute, and the level of skill and dedication shown by the physicians, residents, interns, nurses, and medical students who go into this high-tech environment to practice and perfect their treatments and procedures is remarkable."

The Fedeles say that while a lot of people move after retirement, they've never been compelled to leave Sayre – or Guthrie.

"We feel it is a privilege to give back to the place that's given us such a good life and treats so many patients," Mrs. Fedele says. "It's our obligation to look out for the welfare of others and, in a rural area like ours, there is a very big need. Not everyone can travel 100 or 200 miles to get high-quality health care."

Dr. Fedele, who continues to serve as a member of the Guthrie Community Benefits Committee, says a thriving medical center is vital to the well-being of the community. He is particularly proud of the expansion of outreach clinics over the years and the exceptional progress in the training programs offered in Sayre.

"You don't know how healthy you are until you're not," Dr. Fedele says. "And when you're not healthy, you really want a Guthrie Clinic in your area – that's why it's important to invest in its future."

To learn more about how you can support Guthrie, visit guthriegiving.org.

### Annual Donors

Annual Donors are those individuals, businesses, and organizations that have made a commitment to Guthrie with a contribution of \$250 or more as of December 31, 2023. Our 1910 Society donors demonstrate their passionate support of Guthrie's excellence by making an annual donation to Guthrie of \$1,000 or more.

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The 1910 Society has been created to recognize donors that demonstrate their passionate support of Guthrie's excellence by making an annual donation to Guthrie of \$1,000 or more. Through educational and social events, members become informed community leaders, able to share information and perspectives of both the community and the network.

Through the generous support of 1910 Society members, Guthrie can make improvements to facilities, provide the latest technology and equipment, enhance services offered, participate in groundbreaking research, and much more. Your support directly impacts the care we can provide to our patients, ensuring Guthrie continues its tradition of providing high-quality health care close to home.



To learn more about the 1910 Society, visit guthrie.org/1910.

### 1910 Society: Society Associate

Calendar Year Donation to Guthrie of \$1,000-\$4,999

All 1910 Society members receive:

- + Invitations to events across the Guthrie system, including the annual 1910 Society recognition event
- + A subscription to our e-newsletter, Connected for Good
- + Special recognition in the annual donor report

### 1910 Society: President's Associates

Calendar Year Donation to Guthrie of \$5,000–\$9,999

President's Associates receive all the above benefits, plus:

- + Advance registration for select Guthrie events
- + An annual insider's message about Guthrie happenings

### 1910 Society: Founder's Associates

Calendar Year Donation to Guthrie of \$10,000+

Founder's Associates receive all the above benefits, plus:

- + Special communications from Guthrie's president and CEO
- + Access to a donor liaison who can answer questions about your giving and new initiatives at Guthrie

### Thank you to all Guthrie 1910 Society members.

### A Giff to Help Guthrie Bridge Gaps in Maternity Care

Doing all we can to promote the health and safety of mothers and babies creates a strong foundation for healthy families and communities.

Guthrie's goal to become a national leader in rural health care and better serve the needs of our patient population includes a focus on empowering mothers, promoting healthy births, and reducing maternal health disparities.

"We are dedicated to nurturing the well-being of expectant mothers, ensuring their journey into motherhood is safe, healthy, and supported," says J. Manuel Arreguin, MD, MS, MBA, FACOG, Chair of Obstetrics and Gynecology at Guthrie.

A \$3 million gift from the Mother Cabrini Health Foundation that we received in February 2024 has been a significant boost for these efforts – known collectively as the Maternity Care Oasis initiative. The Mother Cabrini Health Foundation is a private, non-profit organization whose mission is to improve the health and well-being of New Yorkers, bolster the health outcomes of vulnerable communities, eliminate barriers to care, and bridge gaps in health services. Named after a tireless advocate for immigrants, children, and the poor, the Mother Cabrini Health Foundation funds programs and initiatives across New York State that either provide direct healthcare services or address the social determinants of health. For more information, visit cabrinihealth.org.

Guthrie's Maternity Care Oasis initiative seeks to bridge gaps in maternity care by providing compassionate, accessible, and expert maternity services within underserved communities. The enormously generous gift from the Mother Cabrini Health Foundation helps Guthrie secure and support a key feature of our new program: a mobile maternity unit.

"Over the past five years, we have worked to get funding into communities across the state struggling with heightened health inequities. While responding to urgent needs, we've also focused on building strong community relationships, funding long-term infrastructure, and pursuing community input so that our grantmaking efforts are as impactful and sustainable as possible for New York's underserved communities both today and for years to come," says Monsignor Gregory Mustaciuolo, CEO of the Mother Cabrini Health Foundation.

The mobile maternity unit will connect pregnant patients and new mothers with comprehensive prenatal care, childbirth support, postpartum guidance, and education. Caregiver teams of midwives, doulas, and other community workers will also be dispatched across Guthrie's New York service area to provide outreach, education, and essential maternity care.

"Rural communities face significant challenges in accessing comprehensive maternity care services, leading to disparities in maternal and infant health outcomes," says Edmund Sabanegh, MD, MBA, President and CEO of The Guthrie Clinic. "We are determined to play a role in addressing these issues, and through their generosity, the Cabrini Health Foundation is partnering with us to make an enduring difference for those who depend on us for this care."

To learn more about how you can support Guthrie's Maternity Care Oasis initiative and other programs promoting care access and healthier communities, visit guthriegiving.org.



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### **Profound Gratitude for Your Continued Support**

At Guthrie, we continually strive to do more – to be here for the patients and communities who rely on us, delivering exceptional, innovative, and accessible care. Every supporter plays a critical role in helping us bring our vision to fruition: to be the most trusted partner for healthy local communities.



For many people in our area, Guthrie is where they first greet the world, overcome some of life's greatest challenges, and celebrate their most joyful moments. We're deeply rooted in our communities, and we want to be here for good. We are constantly evolving for one

reason alone: to improve the health and well-being of the nearly 1 million people living across northern Pennsylvania and southern New York – a 10,000-square-mile region we're honored to serve.

Sustaining this level of local care depends on the continued support of generous donors like you, who understand that health care impacts everyone. Together, we are turning vision into reality. Because of your generosity, we are creating stories like that of the mom who will now receive vital prenatal care through our Maternity Care Oasis mobile health unit, the nurse who will gain lifesaving skills in our simulation lab, and the accident victim who will receive expert care in our state-of-the-art trauma center.

Thank you for choosing to support Guthrie among your many philanthropic options – every contribution makes a profound impact. We are excited about the opportunities the future holds and look forward to continuing this journey together, transforming lives and strengthening communities. Every patient. Every time.

With deepest gratitude,

Tricia Huston, MEd, Director Guthrie Resource Development



We are constantly evolving for one reason alone: to improve the health and well-being of the nearly 1 million people living across northern Pennsylvania and southern New York.



